



Monday, October 28

1:00PM – 5:00PM

H4123 Committee on Nutrition Program

Separating Fact From Opinion: Nutritional Realities for Pediatricians

Poor nutrition in infants and children has immediate consequences for health and well-being, growth, and development. It also can lead to long-term and intergenerational effects on health, reproduction, cognition, and chronic disease. This program will provide evidence-based narrative reviews related to introduction of solid foods, prevention of pediatric obesity, and food allergy.

Feeding the Infant: The First 1,000 Days

1:00PM **Maternal Prenatal Nutrition: Supporting Needs of the Fetus and Mother**

Nancy Krebs, MD, FAAP

1:10PM **Infant Feeding in the First Days of Life: Challenges and Opportunities**

Steven Abrams, MD, FAAP

1:30PM **Complementary Feeding: Timing and Selection of First Solid Foods**

Nancy Krebs, MD, FAAP

Feeding the Older Child for Growth but Avoiding Obesity and Eating Disorders

2:00PM **Interventions for Early Childhood Obesity: Setting Up Community Programs**

Ellen Rome, MD, MPH, FAAP

2:20PM **Management of Adolescents at Risk for Eating Disorders**

Ellen Rome, MD, MPH, FAAP

2:45PM **Nutritional Strategies Needed for Growth and Prevention of FTT**

George Fuchs, MD, FAAP

3:10PM **Q&A**

Other Issues and Panel Discussion

3:30PM **Food Allergy: Myths and Realities of Dietary Prevention and Treatment**

George Fuchs, MD, FAAP

4:05PM **What are the Risks of Practices Such as Raw Milk or Unpasteurized Juices**

Steven Abrams, MD, FAAP

4:25PM **Upcoming Policy Statements and Initiatives of the CON and AAP**

4:40PM **Panel Discussion**

5:00PM **Adjourn**