



## Saturday, October 26

1:00PM – 6:00PM

### H2132 Joint Program: Section on Integrative Medicine, Section on Anesthesiology and Pain Medicine, and Section on International Child Health

#### Integrative Approaches to Pain: Nonpharmacologic, Noninvasive Options Amid the Opioid Crisis

This program will focus on integrative approaches to acute and chronic pain in children in the era of an opioid crisis. Topics to be covered include nonpharmacological, noninvasive integrative therapies such as acupuncture, mind-body skills, hypnosis, massage, and distraction; approaches to pain in low-resource environments; and the psychology of pain and pain memory.

*Moderator: Melanie Brown, MD, FAAP*

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| 1:00PM | <b>Welcome and Year in Review</b>  |
| 1:20PM | <b>Pioneer Award</b>   |
| 1:25PM | <b>Section on Integrative Medicine Grant Awards</b><br><i>Moderator: Claudia Morris, MD, FAAP</i>  |
| 1:55PM | <b>Break</b>   |
| 2:00PM | <b>Hey Doc, Why Do I Hurt? Psychology Behind Pain</b><br><i>Melanie Noel, PhD</i>                  |
| 2:30PM | <b>Stop the Pain! An Overview of Integrative Options</b><br><i>Stefan Friedrichsdorf, MD, FAAP</i> |
| 3:00PM | <b>Treating Pain in Low-Resource Environments</b><br><i>Anjana Kundu, MBBS, MD</i>                 |
| 3:30PM | <b>Panel/Roundtable Discussion</b>   |
| 3:45PM | <b>Experiential (Mindfulness Moment)</b><br><i>Melanie Gold, DO, FAAP</i>                          |
| 3:55PM | <b>Break</b>   |
| 4:00PM | <b>Abstract Posters and Networking</b>   |
| 6:00PM | <b>Adjourn</b>   |