

2026 Core Sessions

Primary Topic	Title	Session Type	Frequency	Notes
Adolescent Health	Identifying and Treating Eating Disorders in Children and Adolescents	Seminar	Annual	
Adolescent Health	What's New in Contraceptive Care	Seminar	Annual	
Adolescent Health	Sexually Transmitted Infections: What's Changed?	Seminar	Annual	
Adolescent Health	Recognizing and Managing Common Gynecologic Disorders in Adolescents	Seminar	Annual	
Adoption, Foster Care and Kinship Care	Implementing Trauma-Informed Care in Your Pediatric Practice	Seminar	Annual	
Allergy and Immunology	Fast Facts for Anaphylaxis	Seminar	Annual	
Allergy and Immunology	Feeding the Future: How to Prevent Food Allergies	Seminar	Annual	
Allergy and Immunology	Gadgets, Gizmos, and thingamajigs for Allergy and Asthma	Interactive Workshop	Annual	
Allergy and Immunology	Office Spirometry: Coaching Children, Interpreting Results	Seminar	Biennial	Rotates with Office Spirometry Workshop
Anesthesiology and Pain Medicine	What Pediatricians Should Know About Anesthesia Risk and Preoperative Clinics	Seminar	Annual	
Breastfeeding	Breastfeeding Essentials	Seminar	Annual	Changed to Seminar
Cardiology and Cardiac Surgery	Heart Sounds and Murmurs: How To Listen	Seminar	Annual	
Cardiology and Cardiac Surgery	Syncope and Chest Pain in Children and Adolescents	Seminar	Annual	
Cardiology and Cardiac Surgery	Sudden Cardiac Events and Sudden Death: What You Need to Know	Seminar	Biennial	
Child Abuse and Neglect	Case-Based Guide to Recognizing Child Physical Abuse	Seminar	Annual	
Child Abuse and Neglect	Best Practices When Sexual Abuse is Suspected	Seminar	Annual	
Child Death Review	Sudden Unexplained Death in Childhood: Supporting Families and Physicians	Seminar	Biennial	
Children with Disabilities	Behavior Management Strategies for School-Aged Kids with Behavior Difficulties	Seminar	Annual	Triennial Cycle: 2026 Preschoolers, 2027 School Age, 2028 toddlers with behavior difficulties.
Children with Disabilities	Update on Diagnosis, Treatment of Children with Autism	Seminar	Annual	

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Children with Disabilities	Transitioning Children with Disabilities into Adult Care	Seminar	Annual	
Community Pediatrics	Fostering Diversity, Equity, and Inclusion in Pediatrics	Seminar	Annual	
Critical Care	Are You Smarter Than an Intensivist?	Seminar	Annual	
Dermatology	Tips for Managing Atopic Dermatitis	Seminar	Annual	
Dermatology	Birthmarks: Red, White, Blue, and Brown	Seminar	Annual	
Dermatology	Acne Vulgaris: Update on Approach to Treatment	Seminar	Annual	
Dermatology	Dermatologic Potpourri	Seminar	Annual	
Dermatology	Dermatoses in Children of Color	Seminar	Annual	
Dermatology	Dermatologic Emergencies	Seminar	Biennial	Rotates with: Cutaneous Infections and Infestations
Developmental and Behavioral Pediatrics	How to Diagnose and Treat ADHD in a Busy Practice	Seminar	Annual	
Developmental and Behavioral Pediatrics	Behavioral and Emotional Screening in Pediatric Practice	Seminar	Annual	
Developmental and Behavioral Pediatrics	Psychopharmacology in Primary Care	Seminar	Annual	
Diagnostic Skills	Visual Diagnosis Potpourri: Test Your Skills	Seminar	Annual	
Disease Prevention	Preventive Care Guidelines: Updates and Evidence	Seminar	Annual	
Emergency Medicine	Foreign Bodies From A-Z	Seminar	Annual	
Emergency Medicine	Top 10 Musculoskeletal Complaints: Recognition and Management	Seminar	Annual	
Endocrinology and Metabolism	Too Early, Too Late or Just Right? Variations in Pubertal Development	Seminar	Annual	
Endocrinology and Metabolism	Evaluation and Management of Menstrual Disorders in Teens	Seminar	Annual	
Endocrinology and Metabolism	What's New in Type 1 Diabetes Care?	Seminar	Annual	
Endocrinology and Metabolism	Advances in Treatment of Pediatric Prediabetes and Type 2 Diabetes	Seminar	Annual	



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Environmental Health and Climate Change	What To Know About Environmental Health and Climate Change	Seminar	Annual	
Epidemiology	Should I Change my Clinical Practice Based on a Hot New Article? Reading Journals with a Critical Eye	Seminar	Biennial	
Equity, Diversity and Inclusion	Racial and Ethnic Disparities in Pediatric Care	Seminar	Annual	
Gastroenterology	GERD Through the Ages: Indications for Testing and Treating Infants, Children, and Adolescents	Seminar	Annual	
Gastroenterology	Constipation and Encopresis: Evaluation and Management	Seminar	Annual	
Gastroenterology	Functional Abdominal Disorders: Inside and Outside the Gut	Seminar	Annual	
Genetics and Epigenetics	Can You Recognize Genetic and Metabolic Conditions?	Seminar	Annual	
Genetics and Epigenetics	Genetic Testing Boot Camp	Seminar	Annual	
Hematology and Oncology	Interpreting the Complete Blood Count: Factors Influencing Results	Seminar	Annual	
Hematology and Oncology	Abnormal Bleeding Patterns	Seminar	Annual	
Hospital Medicine	What's Trending in the Newborn Nursery: Controversies and Evidence	Seminar	Annual	
Immigrant Health	Providing Holistic Health Care to Youth in Immigrant Families: Challenges & Opportunities	Seminar	Annual	
Infectious Diseases	Antimicrobial Update: Optimizing Prescribing Trends While Minimizing Resistance	Seminar	Annual	
Infectious Diseases	Challenging Cases in Pediatric Infectious Diseases	Seminar	Annual	
Infectious Diseases	Meet the Red Book Committee	Seminar	Annual	
Infectious Diseases	Vaccine Update: What's New?	Seminar	Annual	
Infectious Diseases	Evaluation and Management of Pneumonia	Seminar	Annual	
Injury, Violence and Poison Prevention	Car Seats, Booster Seats, Seat Belts: What's a Provider to Do?	Interactive Workshop	Annual	



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Injury, Violence and Poison Prevention	What Pediatricians Can Do About Bullying	Seminar	Annual	
Integrative Medicine	Safety and Efficacy of Herbs and Supplements in Children and Adolescents	Seminar	Annual	
Integrative Medicine	Culinary Medicine: Using Food to Promote Overall Health	Seminar	Annual	Rotates: 2026 Integrative Medicine & 2027 Obesity/Nutrition
LGBT Health and Wellness	LGBTQ+ Patients and Families 101	Seminar	Annual	
Medical Education	Published Studies That Could Change the Way You Practice	Seminar	Annual	
Mental Health	Screening and Managing Youth at Risk for Suicide	Seminar	Annual	
Mental Health	Psychotherapy: Brief Interventions That Can Be Used in the Pediatric Setting	Seminar	Annual	
Neonatology and Perinatology	Preventing Kernicterus: Updates on the Management of Hyperbilirubinemia	Seminar	Annual	
Neonatology and Perinatology	Our Littlest Grads: Follow-Up of NICU Premies	Seminar	Annual	
Neonatology and Perinatology	Common Problems in the Newborn Nursery and Beyond	Seminar	Annual	
Neonatology and Perinatology	What's New in the Neonatal Resuscitation Program?	Seminar	Annual	
Nephrology	Diagnosis and Management of Pediatric Hypertension	Seminar	Annual	
Nephrology	Urine the Know: Ins and Outs of Urinalysis	Seminar	Annual	
Neurology	Heads up: Headache Management in Primary Care	Seminar	Annual	
Neurology	Seizures and Seizure Mimics: Diagnosis and Management of Spells	Seminar	Annual	
Neurology	Neurology 101: Evaluation and Management of Common Neurologic Complaints	Seminar	Annual	
Neurosurgery	When to Refer for Abnormal Head Shape and Head Size	Seminar	Annual	
Nutrition	Nutrition in the School-Aged Child	Seminar	3-year rotation	2025 Young Child, 2026 School-Aged Child & 2027 Adolescent
Obesity	What's New in Obesity Management	Seminar	Annual	

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Ophthalmology	Eye Examination Skills Using an Ophthalmoscope	Clinical Skills Lab	Annual	
Ophthalmology	Pediatric Ocular Emergencies You Can't Afford to Miss	Seminar	Annual	
Oral Health	Hands-On Oral Health: Screening, Counseling, Applying Fluoride Varnish, and Getting Paid	Clinical Skills Lab	Annual	
Oral Health	Preventing and Responding to Dental Trauma in the Pediatric Office	Seminar	Biennial	
Orthopedics	Casting and Splinting Lab	Clinical Skills Lab	Annual	
Orthopedics	Musculoskeletal Examination and Evaluation of Newborns and Infants	Interactive Workshop	Annual	
Orthopedics	Staying out of Trouble with Fractures, Sprains, and Strains	Seminar	Annual	
Orthopedics	The Adolescent with a Painful Hip: When to Treat, When to Refer	Seminar	Biennial	
Otolaryngology	ENT Potpourri	Seminar	Annual	
Otolaryngology	Otoscopy Workshop	Clinical Skills Lab	Annual	
Practice Management	25 Tips to Improve Your Practice Management Right Now	Seminar	Annual	
Practice Management	Become a Pediatric Coding Superstar: Mastering the Basics & Beyond	Seminar	Annual	
Practice Management	Protect Your Practice: Top Strategies to Minimize Malpractice Risk	Seminar	Annual	
Practice Management	Get Paid What You're Due: Maximizing Claims and Avoiding Denials	Seminar	Annual	
Practice Management	I Am Being Sued!	Seminar	Biennial	Rotates with: Dealing with Difficult and Challenging Interactions
Practice Management	Starting Strong in Pediatric Practice: Learn the Essentials	Seminar	Biennial	
Pulmonology and Sleep Medicine	Chronic Cough in Children	Seminar	Annual	
Radiology and Imaging	Imaging Studies for Common Pediatric Conditions: What to Order and When	Seminar	Annual	
Rheumatology	Red Flags and Red Herrings in Children with Joint Pain	Seminar	Annual	
Sports Medicine	Back in the Game: Pediatrician's Guide to Return to Play	Seminar	Annual	
Sports Medicine	Preparticipation Physical Evaluation: Best Practices for Your Clinic	Seminar	Annual	
Sports Medicine	Keeping Up to Date on Sports Concussion	Seminar	Annual	

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Sports Medicine	Spine and Hip Exam Workshop: A Hands-On Session	Clinical Skills Lab	Biennial	Rotates with: Shoulder & Neck Exam Workshop
Sports Medicine	Hands-On Exam of Knee and Ankle	Clinical Skills Lab	Biennial	Rotates with: Hands-On Exam Elbow, Wrist & Hand
Substance Use and Prevention	Prevent Substance Use in Children and Adolescent	Seminar	Biennial	
Surgery	Wound Care Lab: Evaluation, Management & Hands-On Procedures	Clinical Skills Lab	Annual	Combination of prior Wound Care and Suture Like a Plastic Surgeon. Surgery 2026/Plastics 2027
Surgery	Abdominal Masses in Children	Seminar	Annual	
Urology	Hernia, Hydrocoele, Undescended Testis	Seminar	Annual	
Urology	Enuresis: Not a Dry Subject	Seminar	Annual	