



## H2010: Joint Program: Section on Integrative Medicine (SOIM) and Osteopathic Pediatricians

Integrative Medicine: Bridging Cultures and Supporting Wellness and the Environment

**Saturday, October 21, 2023**

8:00 AM	<b>Welcome*</b> <i>Moderator and Program Chair: Shiu-Lin Tsai, MD, FAAP</i> <i>Music by Cora Breuner, MD, FAAP, on the fiddle</i>
8:05 AM	<b>Year-in-Review and Pioneer Award Presentation to Olle Jane “OJ” Sahler, MD, FAAP</b> <i>SOIM Executive Committee Chair Sanghamitra Misra, MD, MEd, FAAP, ABIHM</i>
8:20 AM	<b>2022 SOIM Grant Award Recipients Oral Presentations</b> <b>Cooking Up Health: The Role of Culinary Medicine in Medical Education</b> <i>Rupa Mahadevan, MD, FAAP, ABOIM</i> <i>Moderator: Shiu-Lin Tsai, MD, FAAP</i>
8:35 AM	<b>Pediatric Environmental Health and Climate Change: Protecting Children’s Health</b> <i>Nicholas Newman, DO, FAAP</i>
9:20 AM	<b>Food: A Global Imperative for Health</b> <i>Maria Mascarenhas, MBBS</i>
10:05 AM	<b>Mindfulness for Mental Health and Well-Being: Transcending Boundaries and Empowering Lives</b> <i>Erica Sibinga, MD, MHS, FAAP</i>
10:55 AM	<b>Osteopathic Considerations in Sleep and Anxiety</b> <i>Jordan Keys, DO</i>
11:45 AM	<b>Speaker Panel Q&amp;A and Wrap-Up with drinks and fruits</b> <i>Shiu-Lin Tsai, MD, FAAP</i>
12:00 PM	<b>Adjourn</b>

\*This portion of the agenda is not designated for CME credit.