

VH1454 Section on Gastroenterology, Hepatology, and Nutrition Program

Low FODMAP Diet? A Pediatrician’s Guide to Understanding How Food Choices May Impact Digestive Woes in Kids

Monday, October 11
1:00PM – 3:00PM CDT

This program will review foods that are considered high vs. low fermentable oligosaccharide, disaccharide, monosaccharide, and polyols (FODMAPs). Evidence will be presented showing that following a lower FODMAP diet can lead to improvements in some children with functional gastrointestinal disorders, including abdominal pain, irregular bowel movements, and irritable bowel syndrome.

Fellow-in-Training Registration Awards Supported by Abbott Nutrition, Proud Supporter of the American Academy of Pediatrics

1: 00PM	Welcome <i>Moderator: Bruno Chumpitazi, MD, MPH, FAAP</i>
1: 05PM	Clinical Case #1: Adolescent with Functional Dyspepsia Making Adjustments to Her Diet <i>Debra C. Eseonu, MD, FAAP</i>
1: 10PM	Digestive Woes in Kids and the Role of Food <i>Beate Beinvoogl, MD, MPH</i>
1: 40PM	Clinical Case #2: Adolescent with Irritable Bowel Syndrome and The Low FODMAP Diet <i>Peter F. Farmer, MD, FAAP</i>
1: 45PM	FODMAPs and Other Dietary Interventions for Children with Disorders of Brain-Gut Interaction (DBGIs) <i>Bruno Chumpitazi, MD, MPH, FAAP</i>
2: 15PM	Clinical Case #3: Adolescent with Improvement on A Gluten Restricted Diet <i>Salina Khushal, MD, MS, FAAP</i>
2: 20PM	Practical Tips on Implementing Dietary Interventions to Help Children with DBGIs <i>Ann McMeans, MS, RD, LDN</i>
2: 50PM	Q&A
3: 00PM	Adjourn