While efforts are made to protect children and adolescents from any type of traumatic event and toxic stress, many will still have some type of adverse experience. The Adverse Childhood Experiences (ACE) Study demonstrates that the more adverse experiences a child has, such as child maltreatment, exposure to interpersonal violence, or parental drug use, the greater the likelihood the child will have physical and mental health issues that can last into adulthood, possibly resulting in premature death. However, if identified and addressed early, the biological impact of toxic stress can be minimized. In this session, pediatricians will learn how to identify and address toxic stress in the lives of their patients and families and access resources to promote resilience, providing children and adolescents an opportunity to live a healthy life.

**LEARNING OBJECTIVES**

At the end of this program, the learner will be able to:

1. Describe various types of toxic stress suffered by children and adolescents, including child maltreatment, exposure to multiple forms of violence, neglect, etc.
2. Define strategies for identifying children and adolescents who have been exposed to toxic stress, including symptom manifestation.
3. Identify tools, approaches and resources to manage patients exposed to toxic stress.
4. Discuss strategies for promoting resilience in children, adolescents and families.

Sponsored by Section on Child Abuse and Neglect; Council on Foster Care, Adoption, and Kinship Care; Council on Injury, Violence and Poison Prevention; Section on Adolescent Health; and Section on Developmental and Behavioral Pediatrics
Experience Monumental Education
Through Peds 21 Program Track
on Toxic Stress and Resilience

SATURDAY, OCTOBER 24 – TUESDAY, OCTOBER 27

- Joint Program: Section on Child Abuse & Neglect and Council on Injury, Violence & Poison Prevention (H1017)
- Council on School Health Program (H1023)
- Trauma and Stress in the DSM-5: Important Diagnoses in Pediatrics (F1032/F1132)
- Talking to Teens: Learning New Tips Through an Interview With a Simulated Patient (I1047/I1151)
- Epigenetics and Complex Traits: How Toxic Stress Leads to Changes in the Genome (S1053)
- When It’s NOT Child Abuse: What Could It Be? The Differential Diagnosis of Maltreatment (S1118/S3039)
- An Epidemic of Bullying (F1140/F2129)
- Sex Trafficking of Boys, Girls and Transgender Youth: The Pediatrician as a First Responder (F2025)
- Every Tantrum Does Not Need a Tranquilizer (F2139/F4005)
- Helping Families Where “Health Begins”: Practical Tips to Address Social Determinants of Health in Practice (I2154)
- The Role of the Pediatrician in Addressing Early Childhood Adversity (F3024)
- Office Management of Common Behavior Problems (S3042/S4076)

- Council on Foster Care, Adoption & Kinship Care Program (H3049)
- Office Based Care for LGBTQ Adolescents and Young Adults (F3082/F4057)
- Spanking: The Why and How of Counseling Families on Alternative Discipline Measures (F3083)
- Mitigating the Impact of Childhood Poverty and Promoting Child Welfare (I3094)
- Teen Suicide: Screening and Prevention for the Teen at Risk (F3111/F4090)
- Evidence-Based Interventions for Common Behavior Problems (F3113/F4061)
- What If Someone Knew? Intimate Partner Violence (F3115)
- Troubled Teens and Their Care: How Do Pediatricians Engage and Support High-Risk Youth? (S3150)
- Safe From Harm: Protecting Youth in Organized Activities (F4009)
- Balancing Childhood Adversity with Resilience: The Health Effects of Positive Exposure “HOPE” (P4048)
- Abandonment at Eighteen: Pitfalls of Transition (P4049)
- Let’s Not Miss Child Neglect (F4058)

The Deadline to Submit Abstracts for the 2015 National Conference is APRIL 10, 2015
AAPexperience.org/abstracts

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PEDS 21 – THE TRAUMA-INFORMED PEDIATRICIAN:
IDENTIFYING TOXIC STRESS AND PROMOTING RESILIENCE (C0015)
FRIDAY, OCTOBER 23 • 11:30AM – 5:30PM

The Self-Assessment portion of this course, titled 2015 Peds 21 – Violence and Trauma MOC Self-Assessment, has been approved for 10 points of the American Board of Pediatrics (ABP) MOC Part 2 credit.

In order to receive the MOC credit:
1. Register to attend the 2015 National Conference & Exhibition.
2. Complete the online, pre-course self-assessment prior to the start of Peds 21.
3. Attend the Peds 21 session.
4. Complete the online, post course self-assessment with a minimum passing score of 80%.

The Self-Assessment portion of this course is approved through the AAP MOC Portfolio Program for 10 points by the American Board of Pediatrics for MOC Part 2.